

**S**  
IS FOR

# Self-Assessment

**Focus:** Key competencies, knowledge and values related to teaching.

**Materials needed:** Paper and pens

Use the QR code to find out more and see more cards in the NILE A-Z training activity series!



## Aims

- To identify key competencies, knowledge and values relating to teaching
- To self-assess own progress in relation to each competency, knowledge indicator or value.



# Self-Assessment

PART OF THE INTO GROUP

## Procedure

1. Ask trainees to reflect on the skills or competencies that they have been using or developing within a session or across a range of sessions. Also ask trainees to identify the knowledge that they have gained and the key underlying values that have been involved.
2. Give trainees the task to create, based on their reflection, a checklist of key competencies, knowledge and values relating to teaching. They can do this as an individual or as a pair/group task.
3. Once trainees have created their checklists ask them to share them within the whole group. They can then use each other's checklists to undertake a self-assessment on their progress. Based on this self-assessment they can then individually set SMART targets for the specific competencies, area of knowledge or value that they want to develop further.