



# Magic Moments

**Focus:** Exploring positive critical incidents through visualisation

**Materials needed:** relaxing music, pencil and paper



Use the QR code to find out more and see more cards in the NILE A-Z training activity series!

## Aims

- To encourage reflection on positive teaching experiences
- To explore teacher beliefs

## Procedure

1. Put some nice relaxing music in the background and tell your trainees you are going to visualise positive teaching experiences.
2. Ask your trainees to close their eyes and cast their mind back to a time in the classroom where they felt really positive. Ask trainees a series of questions e.g. 'When was it?' 'What were you doing?', 'What were the learners doing?' 'Why was the experience so positive?'
3. Ask trainees to draw their magic moment to help visualisation (you can demonstrate this to provide support and scaffolding for the task).
4. Trainees share their 'magic moments' with partner/small group.
5. For feedback you can focus on similarities and differences of their experience and ask trainees what are the characteristics of magical classroom experiences (related to materials, teacher/learner roles, activities, atmosphere) to raise awareness for lesson planning and delivery.

