

Learn something new

IS FOR

Focus: Encouraging trainees to put themselves in their learners shoes

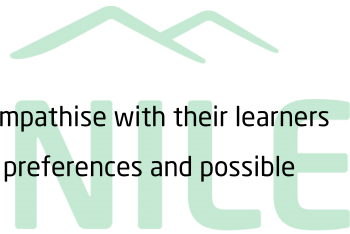
Materials needed: Depends on what you want them to learn



Use the QR code to find out more and see more cards in the NILE A-Z training activity series!

Aims

- To encourage trainees to empathise with their learners
- To identify learning styles, preferences and possible obstacles to learning
- To reflect on learning throughout the course



PART OF THE INTO GROUP

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Procedure

1. Choose a skill that your trainees don't know how to do. This could be a new language, a sport or dance, an art or craft, anything you think might challenge your trainees
2. Use a variety of techniques to teach your skill and don't worry if your trainees have difficulty. (in fact it's better if they do have difficulties for the decompression phase Choose teaching techniques which may help make the reflection/decompression stage relevant and useful (ie use a combination of visual/auditory input, practice, etc.)
3. After the micro teaching session has finished, encourage reflection on how trainees felt, what challenges they faced, what helped them learn, what strategies they used etc.
4. Trainees draw up an action plan related to factors they should consider related to empathising with the learner (either collaboratively or individually).