



Feelings and Beliefs

Focus: Getting teachers to probe their underlying beliefs about teaching

Materials needed: Paper and pen

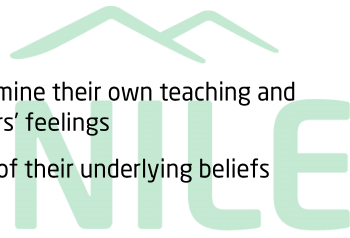


Use the QR code to find out more and see more cards in the NILE A-Z training activity series!

Aims

- To encourage teachers to examine their own teaching and how it may affect their learners' feelings
- To develop teachers' analysis of their underlying beliefs about teaching

Procedure



Feelings and Beliefs

PART OF THE INTO GROUP

1. Ask teachers to fill in the first column of a table, headed 'Key Practices', with 3 or 4 practices they regularly carry out in their teaching. If necessary, give some examples from your own teaching (e.g. getting students to work in pairs, allowing time for reflection etc.)
 2. Teachers work in groups to share these practices and discuss how they think they make the learners feel. Encourage participants to question each other about their assumptions about the learners' feelings and probe deeper.
 3. Teachers then fill in the second column (Learners' Feelings) based on their discussions.
 4. Teachers then reflect on their own beliefs about teaching and learning to fill in the third column (My Underlying Beliefs).
 5. In their groups again, they share their underlying beliefs and note down similarities and differences in their opinions.
 6. The trainer leads whole-group feedback about what the teachers have learnt about what they do and their reasons for doing it, focussing on similarities and differences in the group and discussing any changes in attitude.
- TIP: Key beliefs can be put on posters around the walls for teachers to refer to in later sessions.
 - TIP2: Teachers may want to go away and actively 'notice' some of the practices listed and see if their beliefs are validated before returning for a follow-up session.